

**Earn 1.5 CEU (CAMFT CE #59405)**  
**Deadline to register is August 17th**  
**Register online at [www.occamft.org](http://www.occamft.org)**

**Learning Objectives:**

1. Attendees will be able to utilize the provided resources to create their own scripts for therapeutic use.
2. Attendees will be able to describe the difference between meditation and mindfulness.
3. Attendees will be able to explain the importance of mindfulness/meditation with children.

Please visit [occamft.org](http://occamft.org) to view Cancellation Policy, ADA Policy, and additional CE information.

Course meets the qualifications for 1.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. Orange County Chapter of CAMFT is approved by the California Association of Marriage and Family Therapists (Provider #59405) to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. Orange County Chapter of CAMFT maintains responsibility for this program/course and its content.

The California Board of Behavior Science recognizes Continuing Education Credits awarded by providers approved by the American Psychological Association to Marriage & Family Therapists and Licensed Clinical Social Workers

**Please note upon registration confirmation (payment):**

Course completion certificates will be award at the end of the program to those attendees who sign-in within 10 minutes of the commencement of the program, sign-out after the program is concluded, and complete and return an evaluation form.

Cancellations are made by leaving a message at 714-556-7129 no later than 2 days prior to the event by 6 PM. A refund less \$5.00 processing fee will be returned to you. There are no refunds for cancellations made past this time.

For grievances, please leave a message at 714-556-7129 or email [president@occamft.org](mailto:president@occamft.org)

Consent to Use of Photographic and Video Images: CAMFT and its affiliates may be photographing, videotaping, audiotaping or webcasting CAMFT meetings, activities, and CAMFT-sponsored events. Registration, attendance at, and/or participation at any of these events constitute an agreement by the registrant or attendee to these activities and to the use and distribution of the registrant's or attendee's image, likeness, or voice in photographs, videotapes, electronic reproductions, and audiotapes.

## Join OC CAMFT for our August Luncheon Mindfulness, Meditation, and Children



presented by **Dr. Julie Lee, LMFT**

**Course Description:**

Mindfulness and meditation with children is an important tool that is underutilized. Attendees will walk away understanding the difference between mindfulness and meditation as well as why it's important for children, and how to utilize and apply the provided scripts for immediate use.

**When:** Friday August 19th, 2022  
11:00 AM - 1:30 PM

**Where:** The Capital Grille  
3333 Bristol St, Costa Mesa, CA 92626  
(714) 432-1140

[Directions](#)

**OC CAMFT Luncheon Price**

OC-CAMFT Members - \$40

OC CAMFT Guests - \$45

**Deadline to register is August 17th!**

Walk-ins - \$50