

Join OC-CAMFT for our July Workshop!

Earn 3 CEU's (CAMFT CE #59405)
Deadline to register is July 12nd !
Register online at www.occamft.org

Learning Objectives:

1. Attendees will be able to list the basic elements of Emotionally Focused Therapy, including the three stages of de-escalation, restructuring conflicts, and consolidation.
2. Attendees will be able to describe how to track a couple's repetitive dance by mapping each person's attachment style and how predictable, reactive behaviors become triggers for the partner, helping the couple see the cycle as the enemy, not one another.
3. Attendees will be able to apply at least two ways to explore beneath the surface emotions of a couple's routine arguments, helping them access and voice the softer hurts, fears, and longings that will create empathy, restore safety, and draw them closer together.

Please visit occamft.org to view Cancellation Policy, ADA Policy, and additional CE information.

Course meets the qualifications for 3 hour of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. Orange County Chapter of CAMFT is approved by the California Association of Marriage and Family Therapists (Provider #59405) to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. Orange County Chapter of CAMFT maintains responsibility for this program/course and its content.

The Listening Perspective Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Listening Perspectives Study Center maintains responsibility for the program and its content.

The California Board of Behavior Science recognizes Continuing Education Credits awarded by providers approved by the American Psychological Association to Marriage & Family Therapists and Licensed Clinical Social Workers. Find all the books, read about the author, and more.

The Basics of EFT: Finding Connection in the Dark,



presented by Dianna Troutt, LMFT, PsyD

Course Description:

In this presentation, therapists will learn the basics of EFT and how to work with each person's attachment style and corresponding reactive "push away" behaviors during fights. Therapists can then help couples learn work together to deescalate their destructive pattern so they can reconnect, heal past injuries, and restore their loving bond.

WHEN: Sunday July 14th, 2018
9:00 AM - 12:00 PM

WHERE: National University
3390 Harbor Blvd, Costa Mesa, CA 92626

OC CAMFT Workshop Price

OC CAMFT Member - Pre-Licensed: \$30

Non Member - Pre-Licensed: \$35

OCCAMFT Member - Licensed: \$55

Non Member - Licensed: \$65

Walk-ins: \$80